



# WORLD SEIDO KARATE ORGANIZATION

## VIRTUAL KATA RULES & REGULATIONS

### VIRTUAL KATA FOR ADULT STUDENTS OUTSIDE CT, MD, NJ, NY, MA, AND PA

#### DIVISIONS

- ⇒ There will be a separate division for each kyu level (i.e., Brown and Advanced Brown will be separate divisions) regardless of the number of competitors in any division
- ⇒ Men and women will compete together

Sensei and above (includes Bo and Sai)	Adv. Brown Belt (1 <sup>st</sup> kyu)	Yellow Belt (6 <sup>th</sup> kyu)
Sandan (includes Bo)	Brown Belt (2 <sup>nd</sup> kyu)	Adv. Blue Belt (7 <sup>th</sup> kyu)
Nidan (includes Bo)	Adv. Green Belt (3 <sup>rd</sup> kyu)	Blue Belt (8 <sup>th</sup> kyu)
Shodan (includes Bo)	Green Belt (4 <sup>th</sup> kyu)	Adv. White Belt (9 <sup>th</sup> kyu)
Kari Shodan	Adv. Yellow Belt (5 <sup>th</sup> kyu)	

- ⇒ First through Third place winners in each division will be placed

#### GENERAL

- ⇒ All katas must be part of the syllabus as recognized by the *World Seido Karate Organization*
- ⇒ The kata performed must be up to or equal to the competitor's current age and rank
- ⇒ A competitor may not combine two or more katas
- ⇒ Katas may not be performed to music and no two-person katas are allowed
- ⇒ Full gi including belt should be worn
- ⇒ Refer to registration for details on submitting your video

#### JUDGING AND SCORING

- ⇒ There will be 7 judges per division
- ⇒ Judges will have a 48 hour window to view and score katas
- ⇒ Scores must be entered on official scoresheet to be provided to each judge
- ⇒ Tournament committee will collect and tally all scores
- ⇒ Scoring will be on a 6 to 10 point scale
  - 1/2-points will be allowed from 6– 8.5 (6, 6.5, 7, 7.5, 8, 8.5)
  - Tenths of a point will be allowed from 8.5 – 10 (8.5, 8.6, 8.7, 8.8, 8.9, 9.0, 9.1, 9.2, 9.3, etc.)

The numbers represent:	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
	Poor	Average	Good	Excellent	Perfect

- ⇒ The high and low score for each contestant will be dropped. The remaining 5 scores will then be added together, and the sum will be the "Total Score" for the contestant's performance
- ⇒ In the event of a tie the following will be applied:
  - The high and low scores will be added back in for a new total
  - If a tie still exists the high and low scores will be dropped along with the next lowest score
    - If a tie continues to exist, the lowest score will continue to be dropped until there is only one score left
    - In the unlikely event there is still a tie, the tie will remain and both competitors will place.

**Scoring Criteria:** A contestant's kata shall be evaluated on the following criteria:

- |                                    |                       |                              |
|------------------------------------|-----------------------|------------------------------|
| • Strength / Energy                | • Fluidity and rhythm | • Kiai / Spirit              |
| • Focus and crispness of technique | • Eye position        | • Discipline / Presentation  |
| • Balance and Posture              | • Accuracy of kata    | • Attitude and concentration |

- ⇒ Winners will be announced at the Annual Benefit Tournament, Saturday, October 22, 2022